

### Indian Queens – Physical Education Overview 2022/ 2023

|                  | <b>Autumn 1</b>                               | <b>Autumn 2</b>                                       | <b>Spring 1</b>                  | <b>Spring 2</b>                         | <b>Summer 1</b>                    | <b>Summer 2</b>                                 |
|------------------|---|---|----------------------------------|---|------------------------------------|---|
| <b>Reception</b> | Locomotion<br>Dance                           | Ball Skills<br><br>Dance                              | Ball Skills<br>Gymnastics        | Gymnastics<br>Dance                     | Ball Skills<br>Locomotion          | Attack V Defence<br>Athletics/ Team<br>Games    |
| <b>Year 1</b>    | Locomotion<br><br>Health and<br>Wellbeing     | Ball Skills<br><br>Dance                              | Gymnastics<br><br>Ball Skills    | Dance<br><br>Ball Skills                | Locomotion<br><br>Ball Skills      | Team Building<br><br>Attack v Defence           |
| <b>Year 2</b>    | Locomotion<br><br>Health and<br>Wellbeing     | Ball Skills<br><br>Dance                              | Gymnastics<br><br>Ball Skills    | Dance<br><br>Ball Skills                | Ball Skills<br><br>Locomotion      | Team Building<br><br>Attack v Defence           |
| <b>Year 3</b>    | Health and<br>wellbeing<br><br>Invasion Games | Invasion Games<br><br>Outdoor Adventure<br>Activities | Gymnastics<br><br>Invasion Games | Dance<br><br>Games<br>Net and Wall      | Dance<br><br>Swimming              | Athletics<br><br>Games<br>Striking and fielding |
| <b>Year 4</b>    | Health and<br>wellbeing<br><br>Invasion Games | Invasion Games<br><br>Outdoor Adventure<br>Activities | Swimming<br><br>Invasion Games   | Gymnastics<br><br>Invasion Games        | Dance<br><br>Games<br>Net and Wall | Athletics<br><br>Games<br>Striking and fielding |
| <b>Year 5</b>    | Swimming<br><br>Health and<br>wellbeing       | Invasion Games<br><br>Outdoor Adventure<br>Activities | Gymnastics<br><br>Invasion Games | Dance<br><br>Invasion Games             | Dance<br><br>Games<br>Net and Wall | Athletics<br><br>Games<br>Striking and fielding |
| <b>Year 6</b>    | Health and<br>wellbeing<br><br>Invasion Games | Invasion Games<br><br>Outdoor Adventure<br>Activities | Invasion games<br><br>Gymnastics | Dance<br><br>Outdoor Adventure<br>Games | Dance<br><br>Games<br>Net and Wall | Athletics<br><br>Games<br>Striking and fielding |

