

### Indian Queens – Physical Education Overview 2023/ 2024

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>EYFS</b>	Locomotion Dance	Ball Skills  Dance	Ball Skills Gymnastics	Dance  Ball Skills	Ball Skills Locomotion	Attack V Defence Athletics/ Team Games
<b>Year 1</b>	Locomotion  Health and Wellbeing	Ball Skills  Dance	Gymnastics  Ball Skills	Dance  Ball Skills	Locomotion  Ball Skills	Team Building  Attack v Defence
<b>Year 2</b>	Locomotion  Dance	Ball Skills  Dance	Gymnastics  Ball Skills	Dance  Ball Skills	Ball Skills  Locomotion	Team Building  Attack v Defence
<b>Year 3/ 4</b>	Health and wellbeing  Invasion Games	Invasion Games  Outdoor Adventure Activities	Swimming Gymnastics  Invasion Games	Swimming  Dance  Invasion Games	Dance  Games Net and Wall	Athletics  Games Striking and fielding
<b>Year 3 /4 progression</b>	Health and wellbeing  Invasion Games	Invasion Games  Outdoor Adventure Activities	Swimming  Gymnastics  Invasion Games	Swimming  Dance  Invasion Games	Dance  Games Net and Wall	Athletics  Games Striking and fielding
<b>Year 5</b>	Invasion Games  Gymnastics	Invasion Games  Outdoor Adventure Activities	Gymnastics  Invasion Games/ Problem Solving	Dance  Orienteering	Dance  Games Net and Wall	Athletics  Games Striking and fielding
<b>Year 6</b>	Health and wellbeing  Invasion Games	Invasion Games  Outdoor Adventure Activities	Invasion games  Gymnastics	Dance  Outdoor Adventure Games	Dance  Games Net and Wall	Athletics  Games Striking and fielding

