

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Development Matters</p> <p>PHYSICAL DEVELOPMENT: EARLY LEARNING GOALS (ELG) Moving and Handling: Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing.</p> <p>Health and Self Care Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space.</p>						
<b>EYFS</b>	CHILDREN WILL BE TAUGHT TO:	CHILDREN WILL BE TAUGHT TO:	CHILDREN WILL BE TAUGHT TO:	CHILDREN WILL BE TAUGHT TO:	CHILDREN WILL BE TAUGHT TO:	CHILDREN WILL BE TAUGHT TO:
	Move freely using suitable spaces and speed.	Move freely in a variety of different ways.	Stand on one foot.	Demonstrate increasing control over objects.	Participate in Sports day and physical activities that are included within this using a variety of equipment, taking turns and celebrating other's successes.	Demonstrate good control and co-ordination in large and small movement.
	Draw lines and circles.	Use scissors and other tools safely.	Catch a ball.	Use tools to change to materials.		Understand the importance for good health of physical exercise, healthy diet and talk about different ways to keep healthy and safe.
	Hold a pen correctly.	Show a dominant hand.	Write some letters and copy their name.	Move confidently.		
	Understand their own needs hunger/toilet/personal hygiene.	Make anticlockwise movement.	Experiment moving in different ways on equipment and jump landing safely.	Use safety measures without direct supervision.		
	Dress with support.	Understand the need for varied and healthy food.				
	Know equipment needs to be used safely.					

			Manage own risk assessment . Help to put away equipment correctly			
	<b>Multiskills</b>	<b>Gymnastics</b>	<b>Multiskills</b>	<b>Dance</b>	<b>Athletics/team games</b>	<b>Outdoor Adventure Activities</b>
	CHILDREN WILL BE TAUGHT TO:  To show awareness of space for themselves and others  To move confidently, with imagination and safety  To move fluently, changing direction and speed	CHILDREN WILL BE TAUGHT TO:  To hold basic balances and shapes  To say which movements are easier and harder and to say why  To travel and balance using apparatus  To learn and practise basic	CHILDREN WILL BE TAUGHT TO:  To recognise the changes that happen to their bodies when they are active  To use a range of equipment and handle equipment	CHILDREN WILL BE TAUGHT TO:  To move confidently, with imagination and safety  To move with control and coordination  To use imagination in dance, role play and stories  To express and communicate their ideas, thoughts and	CHILDREN WILL BE TAUGHT TO:  To develop awareness of speed and distance move confidently in a range of different ways  To show good control and coordination in large and small movements  To jump and land  To handle equipment effectively	CHILDREN WILL BE TAUGHT TO:  To follow instructions  To interact with other children in partner work, groups and teams  To support others and listen to everyone's ideas  To find solutions to problems  To maintain focus until the task is completed  To identify a map and follow a basic route

	To watch, copy and describe what others are doing	gymnastics rolls  To link basic movements	with control  To move with confidence, control and coordination  To work collaboratively with a partner	feelings by using wide ranges of movement  To recognise the changes that happen to their bodies when they are active		
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